



COVID-19: Safeguarding guests and owners as recommended by UK Government



Precautions taken by owners

We wear personal protective equipment whilst cleaning The Cowshed, including disposable or household gloves, face masks, disposable aprons and goggles.

Some items have been removed completely from The Cowshed to facilitate cleaning and sanitising and to ensure that we have sufficient time between guests to maintain the highest possible standard of cleanliness. In addition to normal cleaning, extra precautions are taken as listed below:

<i>Item</i>	<i>Action</i>
Key pad on gate entry Key to property	Cleaned and sanitised
Horizontal surfaces excluding wooden floors and furniture	Washed with soapy water and sanitised
Wooden surfaces	Cleaned with wood soap and water
Light switches, electrical plugs and sockets, door and cupboard handles, remote controls, hair dryer, iron	Wiped or sprayed with sanitiser
Kitchen equipment	Wiped or sprayed with sanitiser
Glasses, crockery, kitchen utensils, pans	Washed. Most items washed in dishwasher apart from, for example, wooden boards and utensils.
Shower room taps, toilet flush button	Sanitised
Pillows, duvet, mattress cover	Sprayed with sanitiser or rotated with spare sets
Sofa and dining chair cushions	Rotated with a spare set
Soft furnishings and rugs	Sprayed with sanitiser or steam cleaned (depending on time available)
Ring binder 'Cowshed information and guidance'	Rotated with a spare ring binder containing fewer sections than normal but still including a summary of information about The Cowshed, Dos and Don'ts and instructions for use of equipment, facilities and appliances
Outdoor items	Washed and/or sanitised as appropriate

The following have been removed: bed cushions and throw, books, games, map, binoculars, DVDs, picnic basket, ring binders containing, for example, access statement, risk assessment, information about local walks, cycling routes, places of interest, places to eat. If you would like to ask about any of these, please let us know. In addition, the amount of glassware and crockery has been reduced.

Please note: The 'welcome pack' has been prepared following strict hygiene/safety practices: the wine bottle has been sanitised; the biscuits have been freshly made in-house and handled only with sanitised utensils after baking; the fruit, however, requires washing by guests before eating.



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Precautions to be taken by guests

Arrival: Please do not arrive at The Cowshed before 5 pm which is an hour later than normal. Do not, however, come to The Cowshed at all if you have a temperature, feel unwell or display any symptoms of the virus. We are happy to provide bed linen (king-size) and/or towels but, if you prefer to bring your own, please let us know in advance. You may wish to bring face masks, disposable gloves, hand sanitiser and disinfectant wipes.

During your stay: Please dispose of rubbish as in the list below, and keep The Cowshed clean and sanitised.

Departure: We ask that you depart no later than 9:00 am. This is an hour earlier than in normal circumstances but we need time to carry out a considerable amount of additional cleaning and sanitising during the pandemic. Please allow enough time to take the following important steps before departure to help to safeguard the owners and subsequent guests:

<i>Item</i>	<i>Action to be taken please</i>
Cutlery, crockery and cooking utensils	Load the dishwasher with as many items as possible and start the programme.
Bedding	Strip the bed linen including duvet cover, two sheets, four pillow cases. Do not shake or fold any of these items. Put them in the plastic laundry basket which is stored in the cupboard in the entrance lobby.
Towels, bath mat, tea towels, oven gloves, cleaning cloths, including any not used during your holiday	Place in the plastic laundry basket with the bed linen. Put the laundry basket outside on the wall or, in the event of bad weather, just inside the entrance door in the lobby.
Rubbish and recycling	Collect all rubbish from the property and dispose of it as follows: - tie up bags of household waste and place in the black bin in the open barn; - ensure items for recycling have been washed and place them in the black boxes in the open barn, separated as indicated on the wall of the barn; - place compostable vegetable waste in the compost bin next to the water butts at the side of The Cowshed.
Ventilation	Weather permitting, open all outside doors.
Key to property	Leave this on the table in the kitchen.
Welcome pack	Please wash fruit before eating

Whilst staying in The Cowshed, if you feel ill with any of the symptoms of COVID-19 (high temperature; new, continuous cough; loss or change to your sense of smell or taste) you should immediately;

- Inform us and self-isolate;
- use the NHS 111 online service <https://111.nhs.uk/covid-19/> and request a test, if necessary, via <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-an-antigen-test-to-check-if-you-have-coronavirus/>

If it is confirmed that you have COVID-19, you should return home or, if this is not reasonably possible, discuss your options with an appropriate health care professional.

Your co-operation is greatly appreciated. Many thanks.